TEEN BANGE DANGER AHEAD

Most teens are engaged in dangerous listening habits

NEARLY HALF

of teens showing potential signs of hearing loss

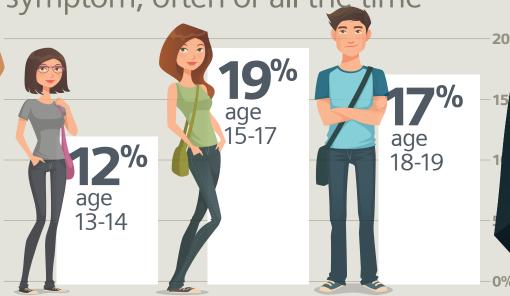
46%

(ringing, roaring, buzzing or pain)

1 in 6 teens have symptoms often or all the time

(about 5 students in the average classroom)

Breakdown of teens with at least one symptom, often or all the time



Risky Habits

Teens know there are risks and are still leaving their hearing unprotected

Nearly 9 in 10 teens engage in at least one risky hearing behavior

21% ear

Listen to loud music with earphones

use mowers & other loud tools

16%

use noisy powered toys

What Teens Can Do



Turn down the volume

Hear ringing, roaring or buzzing after wearing headphones or earbuds? You could be damaging your ears



Concerts & Clubs

Sit in the middle of the room and wear earplugs, musicians are wearing them, too



Headphones over earbuds

The chance of over-exposure to loud sound can be reduced



Wear ear protection

The effects of loud noise exposure is cumulative and can damage your ears over time



Custom ear protection

Musician's and high-decibel ear plugs are custom fit for your ears only



HELP a friend

If you can hear their music sitting next to them, ask them to TURN IT DOWN



Get a baseline

Visit a hearing care professional to get a hearing health evaluation